



I REMEMBER WHEN

# Welcome to “I Remember When”

Welcome to the I remember when magazine, in celebration of the Gloucester Elders and the Windrush generation. This project was conceived as a result of my love for capturing stories, creating memories and celebrating our history as well as our present. As a product of the Windrush generation myself, I remember sitting down and listening to stories from my own grandparents, who told me what it was like for them to travel from Jamaica on a boat for a number of weeks, to arrive here in the UK in search of work, a new experience and new possibilities.

They told me about how they had to make do with the contents of their small grip (case) that they bought with them on their journey. I remember when my grandmother told me that she cried as she experienced cold temperatures that she did not think were possible, and so she longed for home, to experience the sunshine and warm breeze, clear seas, fresh food and lively atmosphere that she had left behind.

As I reminisced on stories from my own family, I knew that there were millions of other stories out there just waiting to be told. For a number of years, I have directed plays that told the stories of the participants and I wanted to do the same here in Gloucester.

So, I decided to create an opportunity for a handful of elders to reminisce and tell their stories too. As an artist who likes to work with different art forms.

I chose to use both recorded and live performance to share their stories.

I would like to thank the team, Strike A Light and the funders for making this project possible.

I hope that you enjoy the magazine.

-PHILIPPA SMITH  
CONCEPT/PRODUCER

**STRIKE  
A LIGHT**  
| | | | | | | | | | | | | | | |

**WINDRUSH  
DAY**



# The Team



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# To Sea...

## The Mother Country

Yes I remember the fifties  
To England our Mother Country we sailed  
We let our high hopes and great expectations  
In our minds prevail  
As recounted by Mr Green's book  
With these emotions securely in our pockets  
We took  
Our belongings in our grips  
Our grips by our feet  
In our hands our docket complete  
That ship called Windrush  
A symbol now for us  
Of the responsibilities we did not shirk  
Of the ripple effect commitment to find work  
We ourselves thrust  
Yes, we dived into the unknown chapters  
of our book  
Sink or swim the challenge we undertook

# Windrush History

## Heritage

After the second world war, Britain was left in a position of devastation; towns and cities had been bombed, many homes and buildings were destroyed. Britain faced labour and housing shortages and help was needed to build it back up again.

An invitation was sent out to the Caribbean as well as other Commonwealth countries to come to Britain. Many people from the Caribbean answered the call, some had served in the British armed forces and others wanted to come to a place that they had heard so much about.

They all boarded the ship and travelled across the Atlantic Sea, and on the 22nd June 1948 the Empire Windrush arrived in Tilbury Docks in Essex.

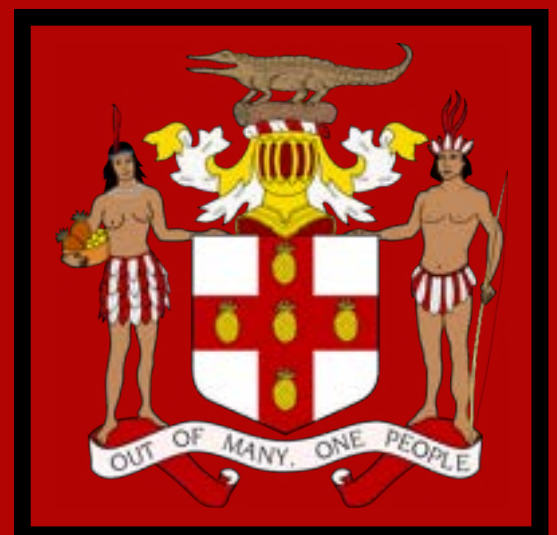
People came from various parts of the Caribbean; however, the largest proportion was from the island of Jamaica.

Between 1948 and 1971, a large number of migrants travelled from the Caribbean to Britain.

-PHILIPPA SMITH

The arms show a male and female Taino (Arawak) standing on either side of the shield which bears a red cross with five golden pineapples superimposed on it. The Crest is a Jamaican crocodile surmounting the Royal Helmet and Mantlings.

-WIKIPEDIA



# Gloucester's Finest

- MICHELLE MACFARLAINE



Mrs Magann was born in Kingston Jamaica, she lived in the district of St Andrews.

Carole was a Nurse/Lecturer/director within her field of expertise. She is now fully retired but assists her husband in running his local business.

Carole has had a flourishing high profile career in Nursing, which led to her becoming a University Lecturer and currently the Chair of the St Anne's Society.

**-MRS CAROLE FRACIS MAGANN  
AGE 77**

Mr and Mrs Layne originally from Guyana, have lived an incredible life full of adventure and travels all over the world. The Laynes are both retired from the Military and Nursing careers.

Both enjoy a very active social life, enriched with a mixture of sporting activities and spending quality time, with family and close knit friends.

**-MR & MRS COMPTON / FAY LAYNE  
AGED 80 & 75**



# Gloucester's Finest

Mrs Hatcher came to the UK in 1965, to train as a Nurse and qualified in 1968.

In 1969 she lived in Portsmouth for one year to train as a Midwife. She then returned to London to work as a Nurse.



**-MRS MARTITA HATCHER  
AGE 75**



Mrs Evans came to the Uk from Jamaica. She trained and graduated as a Hairdresser.

She first lived in London then Kent and then finally settled in Gloucester.

Mrs Evans opened her successful Salon, in the heart of Gloucester during the mid eighties, at a time when there were no established salons that delivered hair services for Afro Caribbean hair.

Through word of mouth, her salon became very successful. With her elegance and warm welcoming presence, you felt at ease and left the salon, feeling truly pampered..

**-MRS DOR EVANS**



# Gloucester's Finest



Mr Carlton Green came to the UK in 1957 at the age of 21 as a skilled tailer. He worked hard at an engineering company while attending night school in order to become a highly skilled engineer. Mr Green is a pillar of the Black Gloucester community. Highly trusted and respected for his continuous contributions ranging from documenting Jamaican history to photography. He has always maintained his love of life and dedication to helping others.



Mrs Una Joyce Green a retired SRN Nurse, fully supported and encouraged her husband to pursue all avenues of personal development, and together they achieved their own professional goals.

**-MR AND MRS GREEN**

Mrs Gayner was born in St Anne's Jamaica, in the district of Armadale.

Her working life has been devoted to the NHS. Highly skilled, and very experienced, she was a SRN Nurse.

To date she is proud of her achievements and valuable service contribution given to the National Health Service.




**-MRS APRIL ROSE GAYNER**



# Jamaican

## Ginger Beer Recipe



In a large blender add ginger and 5 cups of hot water. Blend very well and strain the liquid from the pulp into a large bowl. Squeeze the pulp until all the liquid out.

Place the pulp back into the blender and repeat the steps above  
Add cloves and let the liquid steep for at least 4 our to overnight in the fridge.

Line your strainer with cheesecloth and strain into abowl. Then add lime juice, brown sugar (to taste) and the optional rum. Stir until all of the sugar has dissolved. Enjoy with a glass full of ice

### Ginger Benefits

Ginger (botanical name *Zingiber officinale*) is a spice as well as folk medicine carrying myriad uses.

To cure motion sickness, vertigo, morning sickness, nausea, dizziness, vomiting, etc.

-The Magic of Jamaican Ginger

-D.I.G. Jamaica



# Jamaican Sorrel

## Recipe

### Sorrel Health Benefits

Sorrel is used for reducing sudden and ongoing pain and inflammation. Sorrel is also an ingredient in the herbal cancer treatment Essiac.

### Jamaican Sorrel (Hibiscus Drink)

#### Ingredients:

1 lb of fresh sorrel or dried sorrel (a.k.a. dried hibiscus)

2 inches ginger, sliced in thin coins for mild flavour, or chopped/grated for stronger flavour.

The peel of 1 orange (optional)

2 cinnamon sticks (optional)

8 cups water

Rum is traditional but of course optional

Sugar to taste

#### Method:

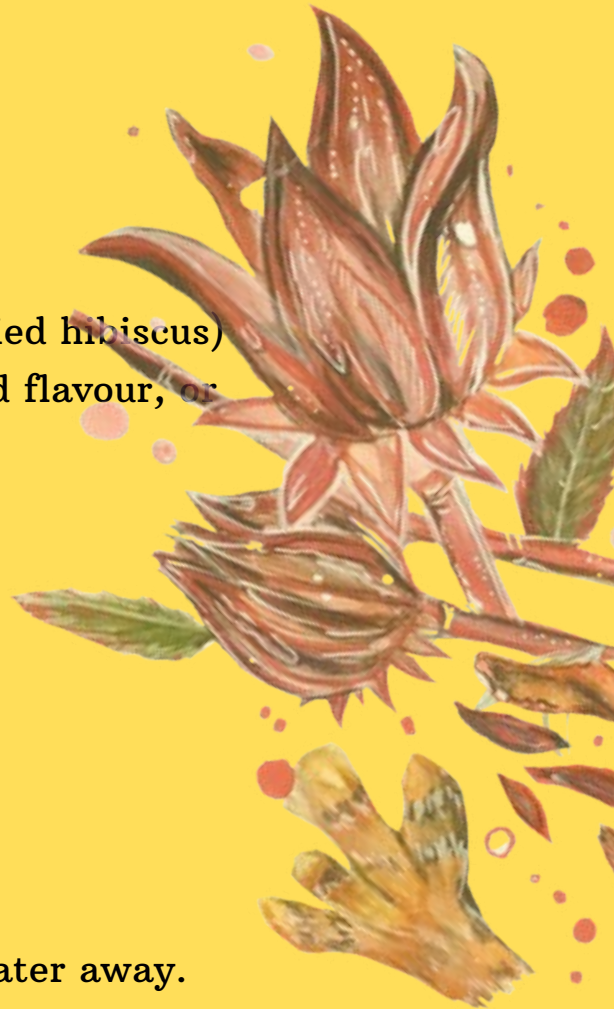
Thoroughly wash the sorrel and pour the water away.

Place the washed sorrel in a stainless-steel pot along with the ginger, pimento and ginger, cinnamon stick and orange peel.

Put to boil for 3 – 5 mins then turn the heat off.

Leave to brew for at least 6 -8 hours.

Strain well and sweeten to taste. (Add the rum if desired)

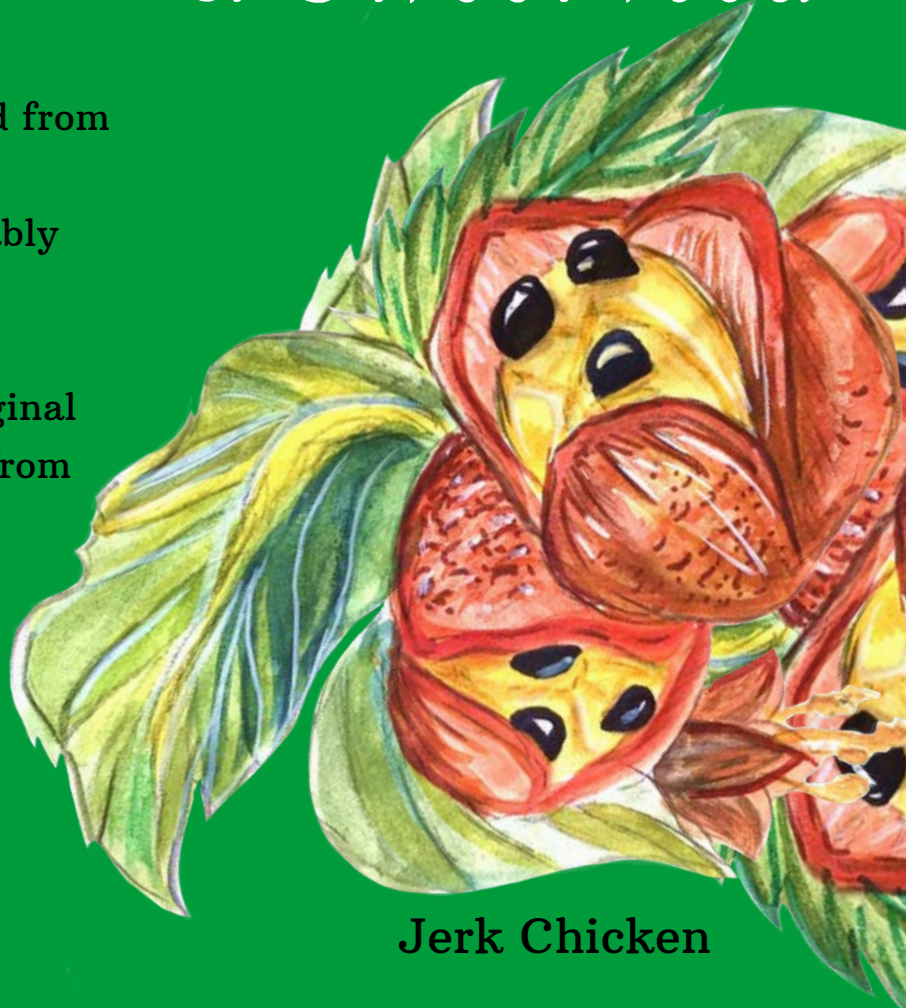


# Caribbean National Fruit & Street food

Ackee was originally imported from West Africa in 1778.

The Jamaican National Fruitably brought here in a slave ship.

Ackee is derived from the original name "Ankye" which comes from the TWI language of Ghana



## Jerk Chicken

Jerk is a cooking method traditionally used in throughout the Caribbean.

The method may have started with the Taino, the indigenous people of the Caribbean, in the 15th century.

It's believed they taught the method to African slaves who adapted it. That adaptation became the Caribbean residents' method today to make jerk chicken.



# Doctor Bird : The National Emblem

The doctor bird, or swallow tail hummingbird, only lives in Jamaica, so of course it also holds the title of Jamaica's national bird.

It also carries a tradition of superstition, appearing in Jamaican folklore and songs as possessing magical powers. A magical bird is way cooler than a flag.



# Reflections

Elegant coordinated outfits perched  
On church pews were you belong  
Morning Breakfast full of beautiful song  
Diligent hands loving to bake  
organised kitchens  
wafting aromas of Jamaican rum cake

Graceful gestures touching  
others with your deportment  
Stylish outfits with matching hats  
in assortment

Jamaica words of wisdoms  
coupled with hugs kisses  
Mi Dyah ah blow fe life  
Mi Dyah a look misses  
Let these poems be the story  
books of your souls  
That tells tales of lives  
which play such special roles

-SPOKEN WORD ARTIST MILES CHAMBERS

# Hidden Truth

Profited off

Disposed of

Stolen

The truth was hidden

Secrets hidden under the concrete we place our feet on

Each person's delicate step uncovers more

Secrets stacked within the bricks that they built upon

These buildings were never built for us

Windrush

What is a hometown when you are told that this 'Hometown' was  
never meant to be yours in the first place?

What is a hometown when you are told that a country is no longer  
yours to call home anymore Windrush.

Boats descending into generations of trauma

Like wind rush

Friction ripples through the bloodline

Filtering into the veins

Dripping with confusion about why

these decisions were made

-SPOKEN WORD ARTIST SHADAY BARROWES



# Windrush and Me

What does the Windrush mean to me?  
Ships on the sea, streets of gold and royalty?  
No, it's more than that, it's my history!

What is the Windrush for those who don't know?  
Although it took place some time ago  
A sea of colour that always stands out  
Misunderstandings, worries and doubt?

It all started when the Caribbeans got a call  
'Come over' said Britain, and help us all  
They gladly came to lend a hand  
And finally see the motherland

So, lots of West Indians traveled for about a month  
On the Empire Windrush Ship  
When they arrived, many found  
What felt like a bleak Abyss

So, Britain changed never to be the same  
With kinks and curls and fine hairdos  
With chocolate skin and cool customs too

It wasn't always plain sailing  
But they persevered  
Now it's our turn to carry the torch  
As we stand tall and remain settled here

We are all equal, thanks to people like these  
and as we write history, remember those who shaped it, please

-TALIA SMITH / 12 YEARS OLD

# Mother Country

To England our Mother Country  
With conjured images in our mind  
We left our island in the sun that island divine  
That moment edged in our hearts  
Forever throughout our lifetime  
Our close family ties with tears in our eyes  
We left our beloveds in those pastures green  
We left them yes our minds focused on the dream.  
Not knowing when we would again them see  
As that ship sailed forth to an unknown  
Mother Country  
Crossing the oceans crossing the seas  
Our only anchor in ourselves we did believe

-THEODORA OMAMBALA

# Caribbean Quiz

## WINDRUSH

### Word Search



- Caribbean
- Nation
- Britain
- Ship
- Empire
- Windrush
- Jamaica
- Commonwealth
- History
- Docked

- Answers
1. I. Ackee and saltfish
  2. 2. Coco bread
  3. 3. Pepper pot soup
  4. 4. Jerk Chicken
  5. 5. Curry goat
  6. 6. Fish tea
  7. 7. Rice and peas
  8. 8. Callaloo
  9. 9. Festival
  10. 10. Ox tail

## Caribbean Food

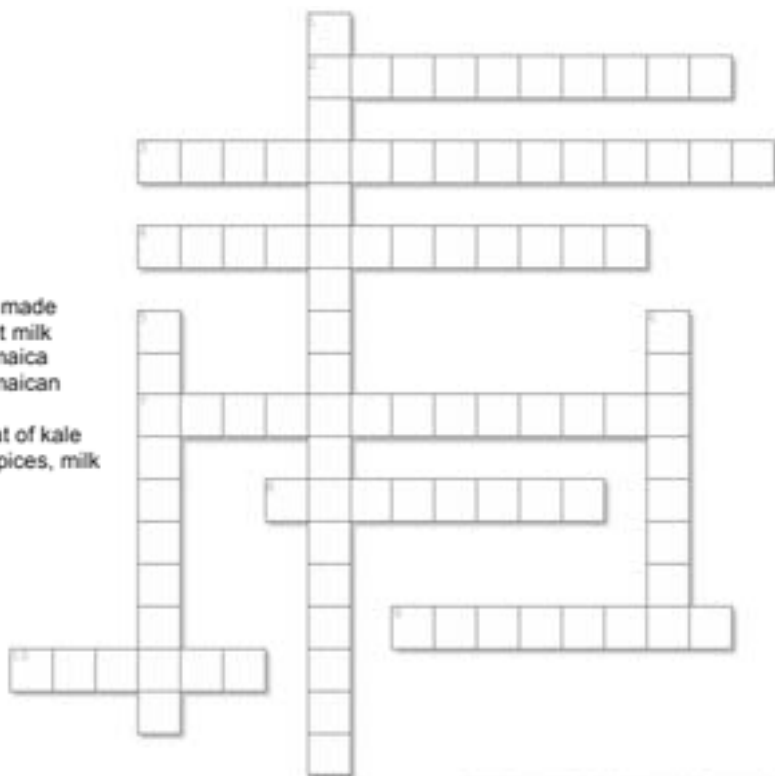
### Crosswords

#### Across

2. Is starchy, and a little bit sweet
3. It is a traditional Jamaican dish, usually made with ingredients like callaloo, okra, coconut milk
4. Jerk meals are incredibly popular in Jamaica
7. This dish is one of those that brings Jamaican dishes together
8. Some say its flavor is comparable to that of kale
9. It is made with cornmeal, sugar, flour, spices, milk or water
10. The tail of cattle

#### Down

1. Jamaica's national dish
5. Curried meats are popular in Jamaica
6. A spicy fish soup.



# Did You Know?

Did you know that Jamaica has the fastest runners on earth?

(Only USA and China has more medals)

Did you know that Jamaica produce the most music per capita?

(Record companies often launch a new artist in Jamaica, because if the song is a hit in Jamaica, the rest of the world will catch on.)

Did you know that Jamaica has the most churches per square mile

Did you know that Jamaica has a bobsled team?

Did you know that the James Bond series was written in Jamaica?

Did you know that Jamaica was once a Spanish speaking country?

Did you know that Jamaica produces Blue Mountain Coffee?

Did you know that in 1994, Jamaica was the first Caribbean country to launch a website:[www.jamaicatravel.com](http://www.jamaicatravel.com)

Did you know that Jamaica had a railway before the USA which was constructed in 1845?

Did you know that the Jamaican flag is the only flag that does not contain one of the following colours; blue, white or red?

# Raise Your Flag!

Eternal Father bless our land  
Guard us with Thy mighty Hand  
Keep us free from evil powers,  
Be our light through countless hours.  
To our Leaders Great Defender,  
Grant true wisdom from above.  
Justice, Truth be ours forever,  
Jamaica, Land we love  
Jamaica, Jamaica, Jamaica land we love.  
Teach us true respect for all,  
Stir response to duty's call,  
Strengthen us the weak to cherish,  
Give us vision lest we perish.  
Knowledge send us Heavenly Father,  
Grant true wisdom from above.  
Justice, Truth be ours forever,  
Jamaica, Land we love.  
Jamaica, Jamaica, Jamaica land we love





*Welcome To Our Yard*

-PHOTOGRAPHY BY **DONNE-MARIE MASON**

# *Same Trims, New Stitches*







# *I Am Uptown Yardie*



Uptown Yardie is a unapologetically black British lifestyle company inspired by our Jamaican heritage. We acknowledge our past but also look into the future. Our lifestyle brand is captured through our bespoke shoes and clothing.

**-PHOTOGRAPHY BY PAUL MCKENZIE**

# Bringing Downtown, Uptown !

## THE ORIGIN OF UPTOWN YARDIE

Inspired by Bob Marley's quotation :

“me ah bring downtown uptown” meaning he was bringing the “man dem” from the ghetto to the uptown residence where he was living at the time. In this way, not forgetting his roots and his love of everyday people.

The original term “uptown yardie” is someone who comes from the more affluent parts of Jamaica.

## THE VISION

“Out of many we are one”  
creating beautiful products yard style.

Our vision is community orientated that caters for the neglected by mainstream fashion.

We believe that our high quality products like our demographic have a unique and individual character without compromise.

Quality is paramount to the Uptown Yardie brand, it must have a purpose, functionality, and integrity that mirrors the core values of our community.

# Reclaiming Our Yard

Uptown Yardie is also about reclaiming the name from a negative association to a positive. To the true meaning of the word “yard” which to a Jamaican means home. For instance “nowhere nah better dan yard” mean nowhere is better than home.

The negative association perpetuated through the media in the 70s/80s, the media deliberately associating the word Yardie with criminals, drugs, and gun crime.

So part of our mission is to take it back to it's original meaning.

-PHOTOGRAPHY BY PAUL MCKENZIE



BEVERLI & ROHAN OF UPTOWN YARDIE

